

Professionals Update



June 2023

Monthly Review



June Review

This month we registered **141** new adult carers.

Our information and advice team are supporting lots of people with attendance allowance and blue badge forms, helping people to find grants for respite, dealing with enquiries around accessing social care, paying for social care and more.

In total this year, benefit checks and applications have resulted in £96,420.10 additional annual income for carers. £2900 has been awarded in one off grants.*

*Figures start from April and follow the financial year

In June the adult carers went for a catch up meal to Porky's in Blyth and attended a boxing session. In June we also celebrated Carers Week 2023, hosting a range of trips and activities including Northumberland Zoo trip, Lindisfarne Trip, Catch up breakfast in Prudhoe, Puffin Boat cruise and much more! Young carers played golf, has a movie night and also did their own trip to Northumberland Zoo.

You can see pictures of all of the things we get up to on our [Facebook](#) page.



Coming Soon



Coming soon

Carer Workshop - Wellbeing, learning to journal - Join us for a session where we will talk about ways you can improve your wellbeing as a carer. We will also be learning to journal for self care.

2pm Tuesday 18th July 2023 - Alnwick

Carer Walk - Seaton Sluice - Blyth with fish and chips - Meet at Seaton Sluice Car Park, Fountain Head, Links Road, NE26 4JY. The walk is approximately 3.5 miles and is wheelchair accessible. Stopping at Coastline Fish & Chips, Blyth for lunch. Parking at Seaton Sluice Car Park is

free. All attendees will be responsible for paying for their own meals.
Friday 7th July - 12pm

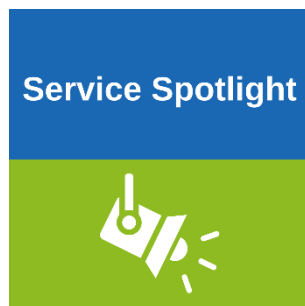
Carer Walk - Hauxley Nature Reserve -

Meeting in the main carpark. This is a 1km accessible circular walk, with access to 2 hides which give you a great opportunity to quietly observe a host of birds. A small parking charge applies for all visitors - visit www.nwt.org.uk/parking for more info. Toilet and café facilities are available.

Unfortunately due to ground nesting birds, dogs are not permitted on this walk.

Friday 28th July - 11am

You can view our full list of groups, events and workshops on our website [here](#)



Service Spotlight

Household Support Fund

Carers Northumberland is working in partnership with Northumberland County Council to provide support to carers who may be struggling with the cost of living through delivery of grants from the

Household Support Fund. The grant is funded by the UK Government via the Department for Work and Pensions (DWP).

The grant is primarily for support with costs of energy (heating, lighting, and cooking), food, water (for household purposes, including sewerage) and other essential living needs (white goods etc.) The grant can cover only essential needs and cannot fund items that have already been purchased (retrospective funding)

Carers can access the fund by contacting our information and advice team, referrals should be made using our usual pathways (Frontline, online referral form or telephone referral). Carers must be registered with Carers Northumberland before an application can be made. Additional eligibility criteria does apply and carers must agree to a benefit check to access the fund.

Contact us on 01670 320025 for more information.

Young Carers



Young Carers Updates

How do Carers Northumberland support young carers?

Our Young Carers Service supports all carers under the age of 18 across Northumberland. This service ensures that children and young people have the support they need to learn, develop and thrive, to enjoy a positive childhood and to achieve their full potential.

Support we offer:

- Young Carers Assessment
- Whole family support
- One to one sessions
- Access to carers breaks or access to an Active Northumberland pass
- Respite activities each month
- A regular newsletter

More information our website [here](#)

How can you support young carers? Display some information for young carers

Help young carers and their families to self-identify by having a display of young carers information. Carers Northumberland can provide posters and information suitable for display – you can download our display resources here - [Downloads](#)



Staying in Touch



Staying in Touch

Our top referrer for June was **Adult Social Care Northumberland!!!**

We have also received a high number of referrals from Well up North social prescribers, CNTW crisis team and Railway Medical Group.

Working alongside the Memory Service at CNTW we now have a dedicated pathway for carers to be automatically referred to our service, so we will not include that team in our top referrer numbers.

The easiest way to refer a carer to us is via our professional referral form [here](#) We can also take referrals over the telephone, call us on 01670 320025.

You can order leaflets and posters by emailing us at info@carersnorthumberland.org.uk

Carer Support You Provide

Would you like to share information on a carer support service that you offer? Our professional update list is growing and we are happy to share news about the work you do to support carers. If you have a good news story, a new offer of support, a carer group or anything else that you would like to share please email: lisamordue@carersnorthumberland.org.uk

Carer Awareness Training

We are able to provide carer awareness training and young carer awareness training to professionals, this can be done remotely using Teams or in person. Get in touch to enquire.

We are also happy to attend team meetings to provide an update on our services.

Online Carer Awareness and Young Carer Awareness is also available to book via Learning Together.

Upcoming dates:

Adult Carers - 12th July - FULLY BOOKED

Adult Carers - 9th August - 9.30am

Young Carers - 1st August - 1pm

Share your news

If you would like to share something with carers we are happy to include articles in our newsletter, share posts on social media or add to our blog on the website, get in touch to find out more.

Information Stalls and Visits

We are happy to host an information stall at GP practices, pharmacies, hospitals and community venues.

If you would like us to visit you, please get in touch by emailing: info@carersnorthumberland.org.uk



Kind regards,
Carers Northumberland